



# JANUARY

## TEVET - SHEVAT

### TZEDAKA

Tzedaka is commonly translated as charity, but really means "justice" or "righteousness."

In Judaism, giving to people in need is not merely a kind thing to do, but rather the just, right behavior.

Everything in our lives is a gift from G-d, including the money we earn. G-d has granted us this money, and in doing so, has asked us to partner with Him in distributing to those in need. Every coin we give to the less fortunate allows us to become partners with G-d in providing for the needs of another. In a metaphorical sense, the act of Tzedaka raises us up and empowers us to act as the hand of G-d by distributing the money to those whom G-d has intended.

*Pictured: Israel's Mediterranean Coast*

### THIS MONTH AT A GLANCE

Jan. 1	Thursday	New Year's Day
Jan. 19	Monday	MLK Day
Jan. 19	Monday	Rosh Chodesh
Jan. 28	Wednesday	Yud Shevat

\*\* Religious Work Proscription/Non-Working Day

**KIDDUSH PROGRAM**

**Kiddush on Shabbat is an important Jewish ritual practiced weekly. We provide grape juice and matzah for institutions with Jewish inmates who wish to practice their faith. Please contact our office to sign up.**

**ALEPH OFFERS 25 CORRESPONDENCE COURSES ON MANY JEWISH TOPICS!**

Email us or send a letter to the address below to request a correspondence course.

Aleph Institute - Correspondence Course  
5804 Beacon Street, Pittsburgh, PA 15217

# JANUARY 2026

TEVET - SHEVAT 5786

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Candle Lighting Times**

	Los Angeles	Miami	Jerusalem	Milwaukee	Greenfield Park	San Juan
1/2	4:38	5:24	4:07	4:11	4:21	5:42
1/9	4:44	5:29	4:13	4:18	4:28	5:47
1/16	4:50	5:34	4:19	4:26	4:36	5:51
1/23	4:57	5:40	4:25	4:34	4:44	5:55
1/30	5:04	5:45	4:32	4:44	4:53	6:00

Shabbat ends on Sat. approx. 65 min. after listed times.

Our case workers are ready to help your loved ones cope with the challenges.



**CHAPLAINS - PLEASE MAKE SURE WE HAVE YOUR EMAIL ADDRESS!**

1

12 Tevet  
New Year's Day

2

13 Tevet

3

14 Tevet

Vayechi

Candle Lighting: 4:47 PM 

Shabbat Ends: 5:51 PM

4

15 Tevet

5

16 Tevet

6

17 Tevet

7

18 Tevet

8

19 Tevet

9

20 Tevet

10

21 Tevet

Shemot

Candle Lighting: 4:53 PM 

Shabbat Ends: 5:57 PM

11

22 Tevet

12

23 Tevet

13

24 Tevet

14

25 Tevet

15

26 Tevet

16

27 Tevet

17

28 Tevet  
Blessing of the New Month

Va'eira

Candle Lighting: 5:01 PM 

Shabbat Ends: 6:04 PM

18

29 Tevet

19

1 Shevat  
Rosh Chodesh  
MLK Day

20

2 Shevat

21

3 Shevat

22

4 Shevat

23

5 Shevat

24

6 Shevat

Bo

Candle Lighting: 5:09 PM 

Shabbat Ends: 6:12 PM

25

7 Shevat

26

8 Shevat

27

9 Shevat

28

10 Shevat  
Yud Shevat

29

11 Shevat

30

12 Shevat

31

13 Shevat

Beshalach

**YUD SHEVAT**

Yud Shevat is a most significant date on the chassidic calendar. It is the anniversary of the passing (yahrtzeit) of the sixth Lubavitcher Rebbe, Rabbi Yosef Yitzchak Schneersohn (1880-1950), of righteous memory.

Candle Lighting: 5:18 PM 

Shabbat Ends: 6:19 PM

# Jewish Holy Days

## According to the Gregorian Calendar

### YEAR 2026-2029

Holy Day	Hebrew Date	Work	2026	2027	2028	2029
		Permitted				
Fast of 10th of Tevet	Tevet 10		Dec. 30-25	Dec. 20-26	Jan. 9	Dec. 16
15th of Shevat	Shevat 15		Feb. 2	Jan. 23	Feb. 12	Jan. 31
Fast of Esther	Adar 13		Mar. 2	Mar. 22	Mar. 9	Feb. 28
Purim	Adar 14		Mar. 3	Mar. 23	Mar. 12	Feb. 29
Fast of Firstborn	Nissan 14		Apr. 1	Apr. 21	Apr. 10	Mar. 30
Passover {First 2 Days}	Nissan 15-16	No	Apr. 2-3	Apr. 22-23	Apr. 11-12	Mar. 31 - Apr. 1
Passover {Intermediate Days}	Nissan 17-20		Apr. 4-7	Apr. 24-27	Apr. 13-16	Apr. 2-5
Passover {Last 2 Days}	Nissan 20-21	No	Apr. 8-9	Apr. 28-29	Apr. 17-18	Apr. 6-7
Lag B'Omer	Iyar 18		May 5	May 25	May 14	May 3
Shavuot	Sivan 6-7	No	May 22-23	June 11-12	May 31 - June 1	May 20-21
Fast of 17th of Tamuz	Tammuz 17		Jul. 2	Jul. 22	Jul. 11	Jul. 1
Fast of 9th of Av	Av 9		Jul. 23	Aug. 12	Aug. 1	Jul. 21
Rosh Hashana	Tishrei 1-2	No	Sept. 12-13	Oct. 2-3	Sept. 21-22	Sept. 10-11
Fast of Gedaliah	Tishrei 3		Sept. 14	Oct. 4	Sept. 24	Sept. 12
Yom Kippur	Tishrei 9-10	No	Sept. 21	Oct. 11	Sept. 30	Sept. 19
Sukkot {First 2 Days}	Tishrei 15-16	No	Sept. 26-27	Oct. 16-17	Oct. 5-6	Sept. 24-25
Sukkot {Intermediate Days}	Tishrei 17-21		Sept. 28-Oct. 2	Oct. 18-22	Oct. 7-11	Sept. 26-30
Shemini Atzeret	Tishrei 22	No	Oct. 3	Oct. 23	Oct. 12	Oct. 1
Simchat Torah	Tishrei 23	No	Oct. 4	Oct. 24	Oct. 13	Oct. 2
Chanukah	Kislev 25, Tevet 2/3		Dec. 5-12	Dec. 25 - Jan 1	Dec. 13-20	Dec. 2-9

# Candle Lighting Guide



Photo © Project 470, ShabbatCandles.com

## HOW TO LIGHT SHABBAT CANDLES

**1. HOW TO:** It starts with one light. Add a candle for your spouse, and if you're a mother, one for each child. A girl over the age of three may (with help from Mom) light her own candle.

Before kindling the candles (exact time is mentioned in the bottom of each calendar box), we think of those less fortunate and put a coin in a charity box.

**2. LIGHT A CANDLE.** After the candles are lit, the woman stretches her hands out towards the candles, and moves them inwards in a circular motion – ushering in a special guest, the Shabbat Queen – three times. After the third time, the woman covers her eyes with her hands and recites the following blessing:

**3. THE BLESSING:** Baruch a-ta A-do-nay E-lo-hei-nu me-lech ha-o-lam a-she-ri ki-dee-sha-nu bi-mitz-vo-tav vi-tzi-va-noo li-had-leek ner shel Sha-bat Ko-desh.

TRANSLATION: Blessed are you, L-rd our G-d, King of the universe, who has sanctified us with His commandments, and commanded us to kindle the light of the Holy Shabbat.

**4. SAY A PRAYER.** The moments immediately after reciting the blessing, while the woman's eyes are still covered, are an extremely auspicious time for her to offer a private prayer for anything her heart desires. It is customary to use this special time to appeal to G-d for children who will glow with the radiance of the Torah, and that He light up the world with the light of the Redemption.

## JEWISH HOLIDAY SCHEDULE

Candles are lit to honor the Jewish Festivals, on which different blessings are recited. For the appropriate blessing use the third column of the chart. On the onset of the Holiday light a 48 hour candle to assist in lighting the holiday candles the next night.

DATE	HOLIDAY	CANDLE LIGHTING BLESSING
Sep 22	Rosh Hashana Begins (Sunset)	***1 & 4
Sep 23	Rosh Hashana Day 1	**1 & 4
Sep 24	Rosh Hashana Day 2	
Oct. 1	Yom Kippur Begins (Sunset)	*2 & 4
Oct. 2	Yom Kippur	
Oct. 6	Sukkot Begins (Sunset)	***3 & 4
Oct. 7	Sukkot Day 1	**3 & 4
Oct. 8	Sukkot Day 2	
Oct. 13	Shemini Atzeret Begins (Sunset)	***3 & 4
Oct. 14	Shemini Atzeret	**3 & 4
Oct. 15	Simchat Torah	
Dec. 14	Chanukah Begins (Sunset)	
Dec. 22	Chanukah Ends (Nightfall)	
March 2	Purim Begins (Sunset)	
March 3	Purim Day	
April 1	Pesach Begins (Sunset)	***3 & 4
April 2	Pesach Day 1	**3 & 4
April 3	Pesach Day 2	
April 7	Final Days of Pesach Begin (Sunset)	***3
April 8	Pesach Day 7	**3
April 9	Pesach Day 8	
May 21	Shavuot Begins (Sunset)	***3 & 4
May 22	Shavuot Day 1	****3 & 4
May 23	Shavuot Day 2	

\* Do not light after sunset

\*\* Light after the time indicated from a pre-lit flame

\*\*\* If lighting after sunset, light from a pre-lit flame

\*\*\*\* Light before the time indicated from a pre-lit flame

- 1 Bo-ruch A-toh A-do-noi E-lo-hei-nu Me-lech Ho-olom A-she-ri Ki-deshanu Be-mitz-vo-tav Vi-tzvi-vo-nu Le-had-lik Ner Shel [Fridays add: Sha-bat vi-she] Yom Ha-zi-karon
- 2 Bo-ruch A-toh A-do-noi E-lo-hei-nu Me-lech Ho-olom A-she-ri Ki-deshanu Be-mitz-vo-tav Vi-tzvi-vo-nu Le-had-lik Ner Shel [Fridays add: Sha-bat vi-she] Yom Ha-Ki-pu-rim
- 3 Bo-ruch A-toh A-do-noi E-lo-hei-nu Me-lech Ho-olom A-she-ri Ki-deshanu Be-mitz-vo-tav Vi-tzvi-vo-nu Le-had-lik Ner Shel [Fridays add: Sha-bat vi-she] Yom Yom Tov
- 4 Ba-ruch A-tah A-do-noi E-loi-hei-nu Me-lech ha-o-lam she-he-chee-ya-nu v'ki-yi-ma-nu vi-hi-gi-ya-nu liz-man ha-zeh.