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Report No. 401A

Ritual Items Generally Required for All Biblically-Mandated Jewish Holy Days

The following items are required for Jews to observe *all* Biblically-mandated Jewish Holidays (females do not require the last two items). Note that individual Holy Days may require particular ritual items (e.g., "Shofar" on Rosh Hashanah; "Sukkah" and "Lulav" on Sukkot; "Matzo," etc. on Passover):

- (1) **Prayer Book** (the "Siddur"): generally contains all prayer services for the Holy Days. A special prayer book (the "Machzor") containing expanded prayer services is used for the Rosh Hashanah and Yom Kippur holidays;
- (2) *Bible* (the "*Tanach*"): The Pentateuch, Prophets and Writings, which contains the Torah readings for the Holy Days and is also generally used for religious study;



(3) Calendar (the "Luach"): identifies the precise times of the start and end of each Biblically-mandated holiday;



- (4) *Candles*: used to sanctify the arrival and departure of the Holy Day;
- (5) *Kosher Wine* (or kosher grape juice): used to sanctify the Holy Day through blessings made before two meals, on the eve and day of the Holy Day;
- (6) **Bread** (usually "Challah" (braided bread)): used to sanctify the Holy Day (except Passover) through blessings made over two loaves (or other kosher rolls or matzot) at each meal;



(7) **Kosher Food**: food that complies with three essential religious requirements:(1) if the food contains any animal products, those products must derive from a religiously-acceptable animal (*e.g.*, no pork products or shellfish); (2) all food must be prepared in a religiously-acceptable way (*e.g.*, meat ritually slaughtered) and with

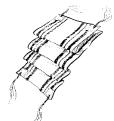


religiously-acceptable utensils (*e.g.*, utensils used for non-kosher food may not be used); and (3) meat and dairy products may not be consumed together or prepared with the same utensils.

(8) **Skullcap** (the "yarmulke"): worn by males at all prayer services (and at all times by more observant Jews); and



(9) *Prayer Shawl* (the "*Tallit*"): a garment with fringes on each of the four corners, worn by males at morning prayer services (a smaller version is worn at all times under outer garments by more observant Jews).





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All ritual items listed in this report are readily available from Jewish book stores, local synagogues, Jewish community organizations or the Aleph Institute.

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